



Move Dance Contest – MIX

COMPETITION REGULATIONS

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MOVE DANCE CONTEST - MIX - CLASSIFY CATEGORIES

1. Artistic and Stage Visual Dances

CATEGORY	CHOREOGRAPHY	GROUP SIZE	MUSIC	TIME	CLOTHES	AGE GROUP
MODERN-START	Free	1-50 people	Own music	0:30-4:00	Free	3-99 years
MODERN-MASTER	Free	1-50 people	Own music	0:30-4:00	Free	3-99 years
CONTEMPORARY-START	Free	1-50 people	Own music	0:30-4:00	Free	3-99 years
CONTEMPORARY-MASTER	Free	1-50 people	Own music	0:30-4:00	Free	3-99 years
BALETT-START	Free	1-50 people	Own music	0:30-4:00	Free	3-99 years
BALETT-MASTER	Free	1-50 people	Own music	0:30-4:00	Free	3-99 years
JAZZ/REVÜ/MUSIKAL/SZTEPP-START	Free	1-50 people	Own music	0:30-4:00	Free	3-99 years
JAZZ/REVÜ/MUSIKAL/SZTEPP-MASTER	Free	1-50 people	Own music	0:30-4:00	Free	3-99 years

Additions:

START: Based on an objective scoring system, gold, silver, and bronze ratings can be achieved

MASTER: Based on a stricter objective scoring system, gold, silver, and bronze ratings can be achieved

MASTER: Teams that achieve a gold rating in their category will qualify for the international competition

Promotion System:

Start classify category → 2 pieces of gold → Master classify category

Master classify category → 1 piece of gold → Free competition category

INTERNATIONAL classify category

Number of Participants / Dance Time:

Solo	1 person	0:30-1:45
Duo/Trio	2-3 people	0:30-2:00
Teams	4-10 people	1:00-3:00
Formations	10+ people	1:30-4:00

MOVE DANCE CONTEST - MIX - COMPETITIVE CATEGORIES

1. Artistic and Stage Visual Dances

CATEGORY	CHOREOGRAPHY	GROUP SIZE	MUSIC	TIME	CLOTHES	AGE GROUP
MODERN- FREE- Amateur	FREE	S,D/P,CS,F	Own music	0:30-4:00	Free	3-99 years
CONTEMPORARY- FREE- Amateur	FREE	S,D/P,CS,F	Own music	0:30-4:00	Free	3-99 years
BALETT- FREE- Amateur	FREE	S,D/P,CS,F	Own music	0:30-4:00	Free	3-99 years
JAZZ/REVÜ/MUSIKAL/SZTEPP- FREE- Amateur	FREE	S,D/P,CS,F	Own music	0:30-4:00	Free	3-99 years
MODERN- FREE- Professional	FREE	S,D/P,CS,F	Own music	0:30-4:00	Free	3-99 years
CONTEMPORARY- FREE- Professional	FREE	S,D/P,CS,F	Own music	0:30-4:00	Free	3-99 years
BALETT- FREE- Professional	FREE	S,D/P,CS,F	Own music	0:30-4:00	Free	3-99 years
JAZZ/REVÜ/MUSIKAL/SZTEPP- FREE- Professional	FREE	S,D/P,CS,F	Own music	0:30-4:00	Free	3-99 years

Number of Participants / Dance Time:

Solo	1 person	0:30-1:45
Duo/Trio	2-3 people	0:30-2:00
Teams	4-10 people	1:00-3:00
Formations	10+ people	1:30-4:00

Age Classification:

Children	6-11 years
Youth	8-15 years
Junior	10-17 years
Adult	13-30 years
Senior	over 30 years
Mix	1-99 years

Execution of the Competition:

Number of Participants

1-6 units
7-12 units
13-24 units
25-48 units
49-96 units

Rounds

Final
Semi-final
Quarter-final
1st Round
Qualifier Round

MOVE DANCE CONTEST - MIX - CLASSIFY CATEGORIES

2. Sport - Acrobatic Dance Sports

CATEGORY	CHOREOGRAPHY	GROUP SIZE	MUSIC	TIME	CLOTHES	AGE GROUP
ACRODANCE- START	Free	1-50 people	Own music	0:30-4:00	Free	3-99 years
ACRODANCE-MASTER	Free	1-50 people	Own music	0:30-4:00	Free	3-99 years
AEROBIC- START	Free	1-50 people	Own music	0:30-4:00	Free	3-99 years
AEROBIC- MASTER	Free	1-50 people	Own music	0:30-4:00	Free	3-99 years
SPORTACROBATICS-START	Free	1-50 people	Own music	0:30-4:00	Free	3-99 years
SPORTACROBATICS- MASTER	Free	1-50 people	Own music	0:30-4:00	Free	3-99 years
GYMNASTIC DANCES- START	Free	1-50 people	Own music	0:30-4:00	Free	3-99 years
GYMNASTIC DANCES- MASTER	Free	1-50 people	Own music	0:30-4:00	Free	3-99 years
CHEERLEADING- START	Free	1-50 people	Own music	0:30-4:00	Free	3-99 years
CHEERLEADING-MASTER	Free	1-50 people	Own music	0:30-4:00	Free	3-99 years

Additions:

START: Based on an objective scoring system, gold, silver, and bronze ratings can be achieved

MASTER: Based on a stricter objective scoring system, gold, silver, and bronze ratings can be achieved

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Promotion System:

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INTERNATIONAL classify category

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Duo/Trio	2-3 people	0:30-2:00
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Formations	10+ people	1:30-4:00

MOVE DANCE CONTEST - MIX - COMPETITIVE CATEGORIES

2. Sports - Acrobatic Dance Sports

CATEGORY	CHOREOGRAPHY	GROUP SIZE	MUSIC	TIME	CLOTHES	AGE GROUP
ACRODANCE- FREE- Amateur	FREE	S,D/P,CS,F	Own music	0:30-4:00	Free	3-99 years
AEROBIC- FREE- Amateur	FREE	S,D/P,CS,F	Own music	0:30-4:00	Free	3-99 years
SPORTACROBATIC-FREE- Amateur	FREE	S,D/P,CS,F	Own music	0:30-4:00	Free	3-99 years
GYMNASTIC DANCES-FREE- Amateur	FREE	S,D/P,CS,F	Own music	0:30-4:00	Free	3-99 years
CHEERLEADING- FREE- Amateur	FREE	S,D/P,CS,F	Own music	0:30-4:00	Free	3-99 years
ACRODANCE- FREE- Professional	FREE	S,D/P,CS,F	Own music	0:30-4:00	Free	3-99 years
AEROBIC- FREE- Professional	FREE	S,D/P,CS,F	Own music	0:30-4:00	Free	3-99 years
SPORTACROBATICS-FREE- Professional	FREE	S,D/P,CS,F	Own music	0:30-4:00	Free	3-99 years
GYMNASTIC DANCES-FREE- Professional	FREE	S,D/P,CS,F	Own music	0:30-4:00	Free	3-99 years
CHEERLEADING- FREE- Professional	FREE	S,D/P,CS,F	Own music	0:30-4:00	Free	3-99 years

Number of Participants / Dance Time:

Solo	1 person	0:30-1:45
Duo/Trio	2-3 people	0:30-2:00
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Number of Participants

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7-12 units
13-24 units
25-48 units
49-96 units

Rounds

Final
Semi-final
Quarter-final
1st Round
Qualifier Round

MOVE DANCE CONTEST - MIX - CLASSIFY CATEGORIES

3. Fashion Dances

CATEGORY	CHOREOGRAPHY	GROUP SIZE	MUSIC	TIME	CLOTHES	AGE GROUP
SHOWDANCE- START	FREE	1-50 people	Own music	0:30-4:00	Free	3-99 years
SHOWDANCE- MASTER	FREE	1-50 people	Own music	0:30-4:00	Free	3-99 years
DISCO- START	FREE	1-50 people	Own music	0:30-4:00	Free	3-99 years
DISCO- MASTER	FREE	1-50 people	Own music	0:30-4:00	Free	3-99 years
POP/K-POP- START	FREE	1-50 people	Own music	0:30-4:00	Free	3-99 years
POP/K-POP- MASTER	FREE	1-50 people	Own music	0:30-4:00	Free	3-99 years
ZUMBA- START	FREE	1-50 people	Own music	0:30-4:00	Free	3-99 years
ZUMBA- MASTER	FREE	1-50 people	Own music	0:30-4:00	Free	3-99 years

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MOVE DANCE CONTEST - MIX - COMPETITIVE CATEGORIES

3. Fashion Dances

CATEGORY	CHOREOGRAPHY	GROUP SIZE	MUSIC	TIME	CLOTHES	AGE GROUP
SHOWDANCE- FREE- Amateur	FREE	S,D/P,CS,F	Own music	0:30-4:00	Free	3-99 years
DISCO- FREE- Amateur	FREE	S,D/P,CS,F	Own music	0:30-4:00	Free	3-99 years
POP/K-POP- FREE- Amateur	FREE	S,D/P,CS,F	Own music	0:30-4:00	Free	3-99 years
ZUMBA-FREE- Amateur	FREE	S,D/P,CS,F	Own music	0:30-4:00	Free	3-99 years
SHOWDANCE- FREE- Professional	FREE	S,D/P,CS,F	Own music	0:30-4:00	Free	3-99 years
DISCO- FREE- Professional	FREE	S,D/P,CS,F	Own music	0:30-4:00	Free	3-99 years
POP/K-POP- FREE- Professional	FREE	S,D/P,CS,F	Own music	0:30-4:00	Free	3-99 years
ZUMBA-FREE- Professional	FREE	S,D/P,CS,F	Own music	0:30-4:00	Free	3-99 years

Number of Participants / Dance Time:

Solo	1 person	0:30-1:45
Duo/Trio	2-3 people	0:30-2:00
Teams	4-10 people	1:00-3:00
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1st Round
Qualifier Round

MOVE DANCE CONTEST - MIX - CLASSIFY CATEGORIES

4. Instrumental Dances

CATEGORY	CHOREOGRAPHY	GROUP SIZE	MUSIC	TIME	CLOTHES	AGE GROUP
MAJORETTE/TWIRLING- START	FREE	1-50 people	Own music	0:30-4:00	Free	3-99 years
MAJORETTE/TWIRLING- MASTER	FREE	1-50 people	Own music	0:30-4:00	Free	3-99 years
POM-POM- START	FREE	1-50 people	Own music	0:30-4:00	Free	3-99 years
POM-POM- MASTER	FREE	1-50 people	Own music	0:30-4:00	Free	3-99 years
POLE DANCE- START	FREE	1-50 people	Own music	0:30-4:00	Free	3-99 years
POLE DANCE- MASTER	FREE	1-50 people	Own music	0:30-4:00	Free	3-99 years
BELLY DANCE- START	FREE	1-50 people	Own music	0:30-4:00	Free	3-99 years
BELLY DANCE- MASTER	FREE	1-50 people	Own music	0:30-4:00	Free	3-99 years

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INTERNATIONAL classify category

Number of Participants / Dance Time:

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Duo/Trio	2-3 people	0:30-2:00
Teams	4-10 people	1:00-3:00
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MOVE DANCE CONTEST - MIX - COMPETITIVE CATEGORIES

4. Instrumental Dances

CATEGORY	CHOREOGRAPHY	GROUP SIZE	MUSIC	TIME	CLOTHES	AGE GROUP
MAJORETTE/TWIRLING- FREE- Amateur	FREE	S,D/P,CS,F	Own music	0:30-4:00	Free	3-99 years
POM-POM- FREE- Amateur	FREE	S,D/P,CS,F	Own music	0:30-4:00	Free	3-99 years
POLEDANCE- FREE- Amateur	FREE	S,D/P,CS,F	Own music	0:30-4:00	Free	3-99 years
BELLY DANCE- FREE- Amateur	FREE	S,D/P,CS,F	Own music	0:30-4:00	Free	3-99 years
MAJORETTE/TWIRLING- FREE- Professional	FREE	S,D/P,CS,F	Own music	0:30-4:00	Free	3-99 years
POM-POM- FREE- Professional	FREE	S,D/P,CS,F	Own music	0:30-4:00	Free	3-99 years
POLEDANCE- FREE- Professional	FREE	S,D/P,CS,F	Own music	0:30-4:00	Free	3-99 years
BELLY DANCE- FREE- Professional	FREE	S,D/P,CS,F	Own music	0:30-4:00	Free	3-99 years

Number of Participants / Dance Time:

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MOVE DANCE CONTEST - MIX - CLASSIFY CATEGORIES

5. Other Dances, Productions, and Sports

CATEGORY	CHOREOGRAPHY	GROUP SIZE	MUSIC	TIME	CLOTHES	AGE GROUP
FOLK DANCE- START	Free	1-50 people	Own music	0:30-4:00	Free	3-99 years
FOLK DANCE- MASTER	Free	1-50 people	Own music	0:30-4:00	Free	3-99 years
SINGING PRODUCTION- START	Free	1-50 people	Own music	0:30-4:00	Free	3-99 years
SINGING PRODUCTION- MASTER	Free	1-50 people	Own music	0:30-4:00	Free	3-99 years
KINDERGARDEN/SCHOOL PRODUCTIONS- START	Free	1-50 people	Own music	0:30-4:00	Free	3-99 years
KINDERGARDEN/SCHOOL PRODUCTIONS- MASTER	Free	1-50 people	Own music	0:30-4:00	Free	3-99 years
CLASS DANCES- START	Free	1-50 people	Own music	0:30-4:00	Free	3-99 years
CLASS DANCES- MASTER	Free	1-50 people	Own music	0:30-4:00	Free	3-99 years
COMBATSPORTS- START	Free	1-50 people	Own music	0:30-4:00	Free	3-99 years
COMBATSPORTS- MASTER	Free	1-50 people	Own music	0:30-4:00	Free	3-99 years
OPEN-START	Free	1-50 people	Own music	0:30-4:00	Free	3-99 years
OPEN-MASTER	Free	1-50 people	Own music	0:30-4:00	Free	3-99 years

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MOVE DANCE CONTEST - MIX - COMPETITIVE CATEGORIES

5. Other Dances, Productions, and Sports

CATEGORY	CHOREOGRAPHY	GROUP SIZE	MUSIC	TIME	CLOTHES	AGE GROUP
FOLKDANCE- FREE- Amateur	Free	S,D/P,CS,F	Own music	0:30-4:00	Free	3-99 years
SINGING PRODUCTION- FREE- Amateur	Free	S,D/P,CS,F	Own music	0:30-4:00	Free	3-99 years
KINDERGARDEN/SCHOOL PRODUCTIONS- FREE- Amateur	Free	S,D/P,CS,F	Own music	0:30-4:00	Free	3-99 years
CLASSDANCES- FREE- Amateur	Free	S,D/P,CS,F	Own music	0:30-4:00	Free	3-99 years
COMBATSPORTS- FREE- Amateur	Free	S,D/P,CS,F	Own music	0:30-4:00	Free	3-99 years
OPEN-FREE- Amateur	Free	S,D/P,CS,F	Own music	0:30-4:00	Free	3-99 years
FOLKDANCES- FREE- Professional	Free	S,D/P,CS,F	Own music	0:30-4:00	Free	3-99 years
SINGING PRODUCTION- FREE- Professional	Free	S,D/P,CS,F	Own music	0:30-4:00	Free	3-99 years
KINDERGARDEN/SCHOOL PRODUCTIONS- FREE- Professional	Free	S,D/P,CS,F	Own music	0:30-4:00	Free	3-99 years
CLASSDANCES- FREE- Professional	Free	S,D/P,CS,F	Own music	0:30-4:00	Free	3-99 years
COMBATSPORTS- FREE- Professional	Free	S,D/P,CS,F	Own music	0:30-4:00	Free	3-99 years
OPEN-FREE- Professional	Free	S,D/P,CS,F	Own music	0:30-4:00	Free	3-99 years

Number of Participants / Dance Time:

Solo	1 person	0:30-1:45
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Age Classification:

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Execution of the Competition:

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