



# COMPETITION RULES

## ROCK AND SHOW CLASSIFY CATEGORIES

| CATEGORY | CHOREOGRAPHY | NUMBER OF DANCERS | LENGTH OF DANCE | TEMPO OF MUSIC | MUSIC   | CLOTHING             | AGE  |
|----------|--------------|-------------------|-----------------|----------------|---------|----------------------|------|
| START    | Fix or Free  | 1-100 dancers     | 16x8            | 192 bpm        | Central | Club or professional | 3-99 |
| MASTER   | Fix or Free  | 1-100 dancers     | 16x8            | 192 bpm        | Central | Club or professional | 3-99 |

## ROCK AND SHOW FIX CATEGORIES

| CATEGORY   | CHOREOGRAPHY | NUMBER OF DANCERS | LENGTH OF DANCE | TEMPO OF MUSIC | MUSIC   | CLOTHING             | AGE GROUPS        |
|------------|--------------|-------------------|-----------------|----------------|---------|----------------------|-------------------|
| FIX - SHOW | Fix          | S,D,T,SF,F,MF     | 16x8            | 192 bpm        | Central | Club or professional | 1. / 2. Age Group |
| FIX - ACRO | Fix          | S,D,T,SF,F,MF     | 16x8            | 192 bpm        | Central | Club or professional | 1. / 2. Age Group |

### EXPLANATIONS:

S=Solo  
D=Duo  
T=Trio  
SF=Small Formation  
F=Formation  
MF=Megaformation

### AGE GROUPS:

1. Age Group: Children, Youth, MIX
2. Age Group: Junior, Adult, Senior, MIX



## ROCK AND SHOW - FREE CATEGORIES

| CATEGORY            | CHOREOGRAPHY | LENGTH OF DANCERS | TEMPO OF MUSIC | MUSIC          | INTRODUCTION | CLOTHING | CATEGORIES BY AGE |
|---------------------|--------------|-------------------|----------------|----------------|--------------|----------|-------------------|
| FREE SHOW A - S,D,T | Free         | 16x8              | 192 bpm        | Central        | no           | Free     | CH,Y,J,A,S,MX     |
| FREE SHOW A - SF,C  | Free         | 16-24x8           | 192 bpm        | Central or own | allowed      | Free     | CH,Y,J,A,S,MX     |
| FREE SHOW A - F,MF  | Free         | 1:00-2:30         | 192 bpm        | Central or own | 0-30 sec     | Free     | CH,Y,J,A,S,MX     |
| FREE SHOW B - S,D,T | Free         | 16x8              | 192 bpm        | Central        | no           | Free     | CH,Y,J,A,S,MX     |
| FREE SHOW B - SF,C  | Free         | 16-24x8           | 192 bpm        | Central        | no           | Free     | CH,Y,J,A,S,MX     |
| FREE SHOW B - F,MF  | Free         | 1:00-2:30         | 192 bpm        | Central or own | 0-30 sec     | Free     | CH,Y,J,A,S,MX     |
| FREE ACRO A - S,D,T | Free         | 16x8              | 192 bpm        | Central        | no           | Free     | CH,Y,J,A,S,MX     |
| FREE ACRO A - SF,C  | Free         | 16-24x8           | 192 bpm        | Central or own | allowed      | Free     | CH,Y,J,A,S,MX     |
| FREE ACRO A - F,MF  | Free         | 1:00-2:30         | 192 bpm        | Central or own | 0-30 sec     | Free     | CH,Y,J,A,S,MX     |
| FREE ACRO B - S,D,T | Free         | 16x8              | 192 bpm        | Central        | no           | Free     | CH,Y,J,A,S,MX     |
| FREE ACRO B - SF,C  | Free         | 16-24x8           | 192 bpm        | Central        | no           | Free     | CH,Y,J,A,S,MX     |
| FREE ACRO B - F,MF  | Free         | 1:00-2:30         | 192 bpm        | Central or own | 0-30 sec     | Free     | CH,Y,J,A,S,MX     |

### EXPLANATIONS:

S=Solo  
 D=Duo  
 T=Trio  
 SF=Small Formation  
 F=Formation  
 MF=Megaformation  
 C=Couple

### CATEGORIES BY AGE:

CH=Children  
 Y=Youth  
 J=Junior  
 A=Adult  
 S=Senior  
 MX=MIX



| QUALIFICATION                |                |                 |
|------------------------------|----------------|-----------------|
| COMPETITORS                  | JUDGING        | ROUNDS          |
| in case of 1-6 competitor(s) | Simple Judging | Final           |
| in case of 7-12 competitors  | Simple Judging | Semifinal       |
| in case of 13-24 competitors | Simple Judging | Quarterfinal    |
| in case of 25-48 competitors | Simple Judging | First round     |
| in case of 49-96 competitors | Simple Judging | Qualifier round |

| AGE GROUPS |         |
|------------|---------|
| CATEGORY   | AGE     |
| Children   | 0-11    |
| Youth      | 8-14    |
| Junior     | 10-16   |
| Adult      | 13-29   |
| Senior     | over 30 |
| Mix 0-99   |         |

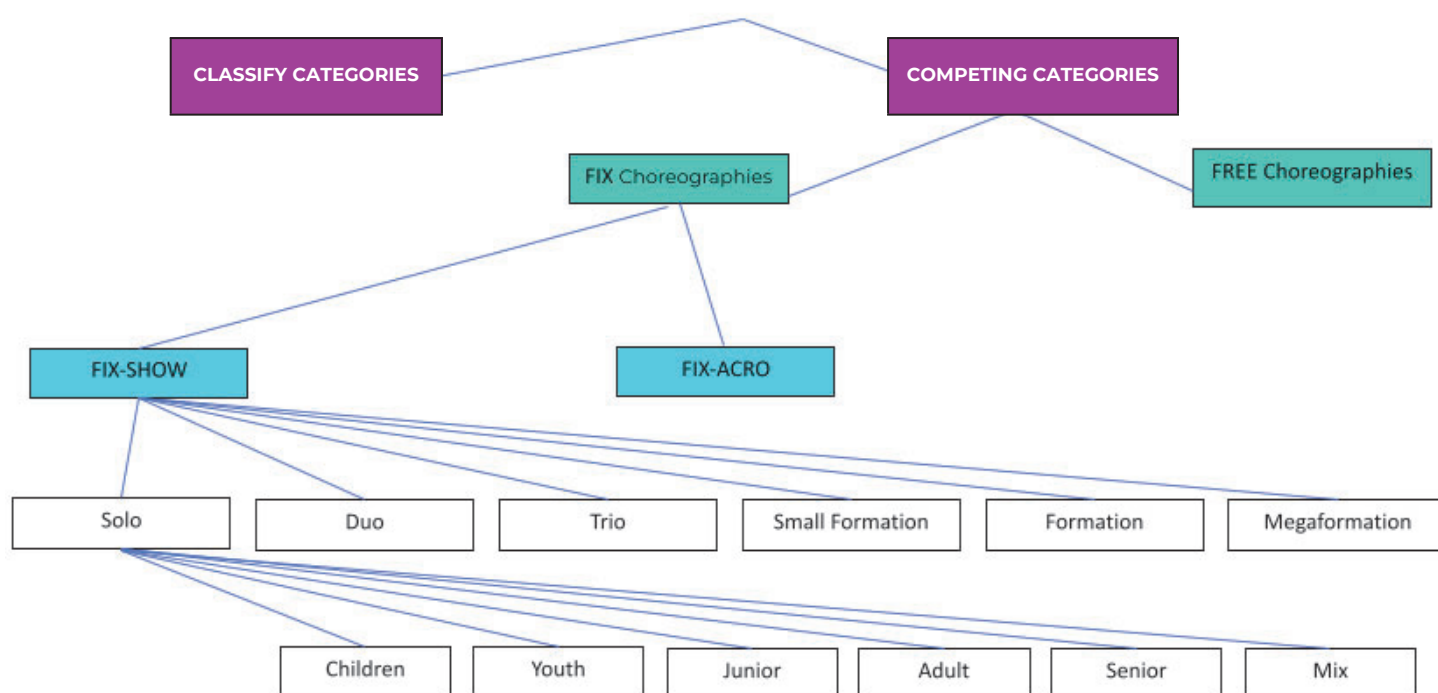
| RULES ABOUT KICK-S |                                      |
|--------------------|--------------------------------------|
| SHOW               | Kick is not permitted                |
| ACRO               | Kick is permitted but not obligatory |

| SAFETY LEVELS OF ACROBATICS |     |
|-----------------------------|-----|
| Children                    | SL5 |
| Juveniles                   | SL4 |
| Junior                      | SL3 |
| Adult                       | SL2 |
| MIX                         | SL3 |

| NUMBER OF DANCERS |            |
|-------------------|------------|
| CATEGORY          | DANCERS    |
| SOLO              | 1          |
| DUO, COUPLE       | 2          |
| TRIO              | 3          |
| SMALL FORM.       | 4-8        |
| FORMATION         | 9-19       |
| MEGAFORM.         | 20 or more |



## MOVE DANCE CONTEST - ROCK AND SHOW



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